

# THE TIPI TIMES

July 8, 2010, week 9 (green EOW)

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## **THIS WEEK'S BOX CONTAINS:**

Green beans, 0.7 lb  
Snap peas, 0.9 lb  
Swiss chard  
Red leaf lettuce  
Green bell pepper, 1  
Cucumbers, 2 or 3  
Zucchini  
Basil  
1 small kohlrabi OR  
a little broccoli

## **NEXT WEEK'S BOX WILL PROBABLY CONTAIN:\***

Scallions, green beans,  
cucumbers, zucchini, and more

**FARM NEWS** It was an action-packed week for us. We hosted a farm tour for 40 people on Tuesday, found a new disease complex developing in our peppers and tomatoes, and prepared to lay new water lines all over our farmstead. We cannot have the water supply interrupted during the workday, so our accommodating well driller is out working in the yard at 10 p.m. at night. It did not rain at our farm this week, so we were able to plant and weed like crazy. There was threat of rain each day, which hurried us through these tasks. I'll write more about this week's happenings in future newsletters. Gotta go now. Our organic certification inspection is scheduled for tomorrow and we are still preparing the paperwork.

**VEGGIE NOTES.** It was satisfying to pick the first beans and the first bell peppers of the season.

**Swiss chard (large bundle of leaves)** - This is close relative of spinach, but requires longer cooking. Use as a substitute in any recipe that calls for spinach, just cook the chard a little longer.

**Zucchini** - You will receive either green zucchini, golden zucchini, yellow summer squash or patty pan squash.

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